

2024 Health, Dental & Vision Monthly COBRA Premiums

	You Only	You & Spouse	You, Spouse & 1 Child	You, Spouse & 2 Children	You, Spouse & 3 or More Children	You & 1 Child	You & 2 Children	You & 3 or More Children
National Health Options								
Anthem Blue Cross HDHP	\$648	\$1,565	\$1,912	\$2,259	\$2,759	\$995	\$1,342	\$1,842
Anthem Blue Cross PCP	\$1,161	\$2,804	\$3,426	\$4,049	\$4,945	\$1,783	\$2,405	\$3,302
Regional Health Options								
Aetna HMO (AZ)	\$997	\$2,313	\$2,831	\$2,831	\$2,831	\$1,784	\$1,784	\$1,784
Kaiser Permanente HMO* (CA)	\$816	\$1,942	\$2,367	\$2,783	\$3,395	\$1,241	\$1,657	\$2,269
Presbyterian HMO (NM)	\$921	\$1,617	\$1,844	\$2,072	\$2,185	\$1,148	\$1,376	\$1,490
HMSA (Hawaii)	\$808	\$1,606	\$2,403	\$2,403	\$2,403	\$1,606	\$2,403	\$2,403
Connected Care Options (For Arizona, Northern California, New Mexico and Oregon)								
Connected Care ACN HDHP (AZ)	\$573	\$1,384	\$1,691	\$1,998	\$2,440	\$880	\$1,187	\$1,629
Connected Care ACN Primary Care Plus (AZ)	\$1,033	\$2,496	\$3,050	\$3,604	\$4,402	\$1,587	\$2,141	\$2,939
Connected Care CA HDHP (Northern CA)	\$662	\$1,599	\$1,954	\$2,309	\$2,820	\$1,017	\$1,372	\$1,883
Connected Care Presbyterian HDHP (NM)	\$493	\$1,192	\$1,456	\$1,721	\$2,102	\$758	\$1,022	\$1,403
Connected Care Presbyterian Copay (NM)	\$953	\$2,301	\$2,812	\$3,323	\$4,058	\$1,463	\$1,974	\$2,710
Connected Care Kaiser HDHP (OR)	\$415	\$986	\$1,201	\$1,413	\$1,723	\$630	\$841	\$1,152
Connected Care Kaiser Copay (OR)	\$484	\$1,152	\$1,403	\$1,650	\$2,013	\$736	\$983	\$1,345
Connected Care Providence HDHP (OR)	\$529	\$1,277	\$1,561	\$1,844	\$2,252	\$812	\$1,096	\$1,504
Connected Care Providence Primary Care Plus (OR)	\$956	\$2,310	\$2,823	\$3,336	\$4,074	\$1,469	\$1,982	\$2,720
Dental Options								
Delta Dental PPO	\$50	\$100	\$131	\$162	\$207	\$81	\$112	\$157
DeltaCare USA DHMO	\$21	\$35	\$53	\$53	\$53	\$38	\$38	\$38
Kaiser Permanente DHMO	\$76	\$180	\$219	\$257	\$314	\$115	\$153	\$210
Vision Options								
VSP Basic Vision	\$7	\$8	\$15	\$16	\$18	\$10	\$12	\$13
VSP Vision Plus	\$16	\$20	\$35	\$39	\$44	\$24	\$28	\$31

*These options are all self funded with the exception of HMSA, DeltaCare USA DHMO and Kaiser Permanente DHMO.